



## CoVideos

### Online Creative Activities to chase away the Lockdown Blues

---

#### Making Pomanders and Fruity Gift Wrap

##### Resources

Here is a list of everything you will need to make the pomander and the fruity gift wrap in the video. Once again, we have tried as far as possible to ensure that everything you need will readily available around the house. If not, you may need to ask someone to pop out and get a couple of the bits and pieces for you.

##### You will need...

###### ...for the pomander

- 2 or 3 fairly large oranges
- Some decorative ribbon (or gift ribbon will do)
- A pair of scissors
- A few pins (sewing pins not safety pins)
- Dried cloves

###### ...for the wrapping

- A sheet of tissue paper or brown paper (A3 size ideally)
- Fruit for printing with (citrus fruits work well, but other firm fruit will work too)
- A table knife
- A small paint brush (a half inch artist's brush is ideal, but any will do)
- Some coloured paints – acrylics or water colours
- Sticky tape or double-sided tape
- A stapler

We'd love to see your creations!

#### Another activity to do together

We hope you've enjoyed creating your fruity wrapping and scented gift. In the video, Jane makes reference to the fact that Pomanders are usually associated with Christmas, a time traditionally spent with friends and family.



We thought that this might be an opportunity to have a think about times gone by when you were together with friends and family – perhaps it was someone’s birthday, or a holiday, or indeed Christmas itself.

Whatever, it’s a good excuse to put the kettle on, raid the treats tin and break out the photo album and have a good old reminisce!

There’ll also be mementoes of those times too – perhaps you attended a sporting event with friends or had a night at the theatre. Have you kept the programme? Maybe someone gave you a gift that you particularly liked... or you didn’t!

There are many things associated with get-togethers which can stimulate positive memories and conversation.

Happy chatting!

**Please email us at: [info@rutlandcommunityventures.uk](mailto:info@rutlandcommunityventures.uk)**

**We’re looking forward to hearing from you and seeing the results of your activities!**

***That’s all for now. Goodbye - and we hope you enjoyed the activities!***