



CoVideos

Online Creative Activities to chase away the Lockdown Blues

Making "Decorated Focaccia Bread"

Resources

Here is a list of everything you will need to make the focaccia in the video and to decorate it. We have tried as far as possible to ensure that everything you need will be things you can find easily in the supermarket if they aren't already in your fridge and cupboards.

This recipe for focaccia is quicker than most because it is made without yeast. The bread therefore has a slightly savoury scone-like texture. If you prefer to find a recipe which uses yeast, there are plenty available online. Here's one for example:

https://www.bbc.co.uk/food/recipes/focaccia_82368

If you decide to make your bread using another recipe, please watch the first two minutes or so of the video to find out what we are up to and then re-join us for decorating the focaccia. The decorating section begins eight and a half minutes into the video.

You will need...

...for the bread

- 240g (8 ½ oz) Plain Flour
- 1 teaspoon Salt
- 1 tablespoon Baking Powder
- 5-6 tablespoons Olive Oil
- ¾ cup Equal parts Milk and Water mixed
- 1 clove Crushed Garlic
- A few sprigs Fresh Rosemary
- Grated Parmesan Cheese

...for the decoration

(The list of items below work really well. However, you may find some other items in your cupboards or fridge that you feel would work equally well...)

- Red onions – thinly sliced to look like flowers
- Mini bell peppers – sliced vertically to look like small flowers or sliced horizontally (in strips) to make big sunflowers!
- The end of a full-size pepper makes a great flower head.



- Chives – make great flower stems
- Green Onions – also make great flower stems
- Parsley – Perfect for leaves
- Basil – Also great for leaves or seaweed
- Baby Plum Tomatoes – Sliced in half length-wise. Makes great flower centres or seed pods
- Olives – Rocks or centres of flowers
- Capers – Seed pods
- Tinned sweetcorn – small flower petals.
- Rosemary – Small plants
- Thyme – Small plants
- Chorizo slices or pepperoni– We shaped ours into fish
- Shredded Parmesan – Sand or dirt

It is of course really up to you!

Some more activities to try

Hello everyone! Now that you have made your focaccia masterpieces, we thought you might like to consider some other things to do. Here are some ideas for related activities you might like, perhaps to try together with other people in your household. We'd love to hear about what you got up to!

Other bread art ideas

Here are some links to some other ideas for bread art you might like to have a go at. (There are literally thousands online - who knew it was so popular?)

<https://www.pinterest.co.uk/karenmartine7/focaccia-florals/>

<https://www.pinterest.com/pin/396105729728602193/>

Bread Making

This is really easy to do – I know, I've done it! – and very satisfying when you fill the house with wonderful aromas. Here are a couple of simple, easy to follow recipe you could try together:

<https://www.bbcgoodfood.com/recipes/easy-white-bread>

<https://www.bbcgoodfood.com/recipes/brown-loaf>

Please email us at: info@rutlandcommunityventures.uk

We're looking forward to hearing from you and seeing the results of your activities!

That's all for now. Goodbye - and we hope you enjoyed the activities!